



Warnervale Wellness Centre  
Celebrates their new  
Bushland Walk and Sensory Garden

Warnervale Wellness Centre promotes healthy ageing in our community, by providing day respite services to support those who are frail aged, aged with dementia and those with younger onset dementia and their carers in the Central Coast.

"We are now the proud owners of a beautiful and serene Bushland Walk and Sensory Garden and to ensure healthy eating our very own outdoor vegie and herb garden." said Ms. Miller, Services Manager of the Warnervale Wellness Centre.

The bushland walk and sensory garden has been funded by the Department of Health & Ageing – National Respite for Carers, through their one off funding program in 2008/2009.

Catholic Community Services received just over \$40,000 to design and establish the area which included consultation with local Aboriginal organisations.

"We engaged a local Aboriginal artist who has produced a large painting which will be incorporated into the garden and it will be on display at the 'Open Day' on Tuesday November 10 for all to see" Ms. Miller said.

"In addition to the funding from the Department of Health & Ageing – National Respite for Carers, the Wyong Shire CDSE Committee provided an additional \$5,000 grant to establish our outdoor vegie and herb garden and the installation of a shade sail."

"Bunnings Lakehaven has also been instrumental in providing a great deal of support by donating plants, gardening goods and paint and man power to paint the indoor area of the centre."

"Without the generous support of the Department of Health & Ageing – National Respite for Carers, the Wyong Shire CDSE Committee and Bunnings Lakehaven we would not have been able to provide such a wonderful outdoor living area for our clients, carers and our staff." Ms Miller said.

- Ends -

For more information on Warnervale Wellness Centre and the programs provided, please contact;

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Catholic Community Services is a division of Catholic Healthcare Limited  
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### **About Catholic Community Services**

Catholic Community Services works with a diverse range of people and communities to enable and maintain sustainable and vibrant lives. We work with the elderly, financially disadvantaged, people experiencing or at risk of experiencing homelessness, people with a disability, people with a mental illness and carers.

### **About Catholic Healthcare**

Established in 1994, Catholic Healthcare provides aged, healthcare and community services across New South Wales and south-east Queensland. With a vision of creating sustainable and vibrant ministries of care, Catholic Healthcare supports sick, frail, elderly and marginalised people in residential aged care, seniors living, and hospitals and through a diverse range of Community Services.