



**Catholic Community Services Nepean  
Bodington, Wentworth Falls**

**10 year milestone reached!**

Elsie White is fiercely independent: she lives alone in her own home: she cooks, does her own personal care, and keeps her place tidy. She is comfortable in her own company but at age 94 it is not easy with tasks like shopping, gardening, domestic tasks, travelling to appointments and other activities in the community. By accessing a community aged care package from Catholic Community Services Nepean which is based at "Bodington" in Wentworth Falls, Elsie is able to partner with a co-ordinator and community care staff to enable her to remain in her home but receive the support to do the things that are becoming difficult.

Catholic Community Services Nepean will celebrate 10 years of operating community services from the Bodington site on Thursday 22 October 2009 at the Grand View Hotel, Wentworth Falls. This will be a celebration of achievements, strengths and weaknesses and an opportunity to look to the future for inspiration, innovation and growth.

Service Manager, Frances Huckstepp said, "Bodington's staff are proud of our heritage and the services that have been provided within the communities of the Nepean during this time."

"We feel privileged to have become a special part of the lives of many people who live in their own homes. Our community staff have created valuable experiences for many of our clients", Ms Huckstepp said.

"Our provision of services would not be as successful as they are without our understanding and compassionate employees who work tirelessly each day to enhance the wellbeing and quality of life for all our clients"

Catholic Community Services' General Manager, Janis Redford, said that Catholic Community Services Nepean had built a proud tradition of delivering quality care from Bodington over the last 10 years.

"Catholic Community Services is delighted that we've been able to play a role in supporting our staff and the local community of the Blue Mountains, Hawkesbury and Penrith through continuing the ministry of Catholic Healthcare", Ms Redford said.

**Catholic Community Services Nepean**

Bodington

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Priya Jensen commented, "As a coordinator, each time I assess clients I receive a very clear and strong message from the frail aged – the desire to remain at home and in control of their destiny for as long as possible. To be able to fulfil that desire by providing the necessary in-home assistance is one of the most satisfying aspects of my job."

Bodington was first established in 1908 by the Red Cross as a sanatorium for tuberculosis sufferers. In 1998 the Bodington Aged Care facility joined Catholic Healthcare which is one of the largest Catholic providers of residential and community aged services in Australia. Bodington commenced delivering community aged care packages in 1999 to people living in their own homes in the Penrith, Hawkesbury and Blue Mountains areas. Since then the service has grown with extended aged care and dementia specific packages. Volunteer and fee for service programmes are also being developed to enhance existing client services. Community Services delivered from the Bodington site are now known as Catholic Community Services Nepean.

Currently, 32 staff provide case management and direct care to the frail aged living in their homes based on the values of compassion, respect, honesty, hospitality and excellence. This model of care embraces the philosophy of enabling the frail aged to maintain independence and remain active members of their community. It also supports the principles of continuity of care and ageing in place in partnership with Bodington Aged Care facility. Priority of access to aged care packages is directed to the financially disadvantaged and service delivery is geared to meeting the unique needs of each individual.

### **About Catholic Community Services**

Catholic Community Services works with a diverse range of people and communities to enable and maintain sustainable and vibrant lives. We work with the elderly, financially disadvantaged, people experiencing or at risk of experiencing homelessness, people with a disability, people with a mental illness and carers.

Catholic Community Services is a division of Catholic Healthcare  
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