

NOVEMBER 13, 2009



Warnervale Wellness Centre administration officer Michelle Webb and services co-ordinator Sharyn Angel in the sensory garden.

Picture: WAIDE MAGUIRE

Centre sows wellbeing seed

ALISON BUCKLAND

CLIENTS at the Warnervale Wellness Centre have the opportunity to relax in the centre's bushland walk and sensory garden.

The garden was built at the centre with funds provided by the Health and Ageing Department's national respite for carers funding program.

The centre received about \$40,000 to design and establish the area.

The centre is a day respite service supporting those who are frail aged, aged with dementia and those with younger onset dementia, and their carers.

An open day was held on Tuesday to show people the garden, which includes a vegetable and herb garden and a shaded area.

Wyong Council's community development support expenditure committee contributed \$5000 for part of the work.

Plants, paint and man-

power was provided by Bunnings Lake Haven.

The centre is owned by Catholic Community Services.

The service works with a range of people and communities to help maintain sustainable and vibrant lives for people who are elderly, financially disadvantaged, people experiencing, or at risk of experiencing, homelessness, people with a disability and people with a mental illness and their carers.